

# **Positive Behavioral Interventions and Supports (PBIS)**

## **Parent Handbook**



**Respect, Education, Achievement, Citizenship, Honor  
(REACH)**

# **Dear Woodward Children's Center Parents and Guardians**

The staff is excited to continue the implementation of the Positive Behavior Intervention and Support (PBIS) program. Research has proven that in order for students to succeed academically, we need to create a safe environment for our students to learn. Students will continuously be taught the standards of the Shield of Resilience throughout the school year. It is our hope that the students will have a clear understanding of these expectations so that they can be successful throughout the school.

This handbook describes the different components of the PBIS program.

We hope that after reading this packet you will have a better understanding of how PBIS works at Woodward Children's Center.

Thank you for your continued support.

# School Motto

You must REACH them before you teach them.



# **PBIS Team Members**

**The PBIS team's job is to meet monthly and examine the school's data and discover trends. This is done by using data (behavioral data from a data collection tool). They look at data to identify areas throughout the school as well as individual students needing additional levels of positive behavioral support. Additionally, this team sets dates and plans for celebrations and re-teaching opportunities.**

# What is PBIS?

Positive Behavior Interventions and Support is a system that is developed by a school for improving student behavior. It is used with all students, across all environments in school to help schools to create effective learning environments. PBIS focuses on creating and sustaining school-wide, classroom, and individual systems of support that improve the educational environment for all children.

## **Why does a school choose to use PBIS?**

Schools that implement positive behavior interventions and support are schools that have decided that their current discipline process is not effective in helping students to change their behaviors.

Our aim is to explicitly teach behavioral expectations and then recognize the positive behaviors shown by students.

Positive behavior interventions and support is a planned way to meet the behavioral needs of students in a school. Parents are important in the success of PBIS, and many choose to use a similar system at home.

# How does our School Wide Behavior System Work?

Students can “earn” 5 tokens per period for demonstrating the four values outlined by our Shield of Resilience: Engagement, Citizenship, Self-Awareness, and Empathy. A fifth token represents each student’s Personal Goal. This is a goal that is set by each student for themselves. Students “earn” these 5 tokens for each of the 9 periods of the day for a maximum of 45 tokens daily. Students who earn at least 42 tokens a day will increase their Streak (consecutive days of earning).

These students will also be provided with additional rewards and incentives as they continue to add earned days to their streak. These rewards and incentives include: desired activities, field trips, the opportunity to participate in work study, ability to go out to lunch, and a chance to attend the school Mustang Mart.

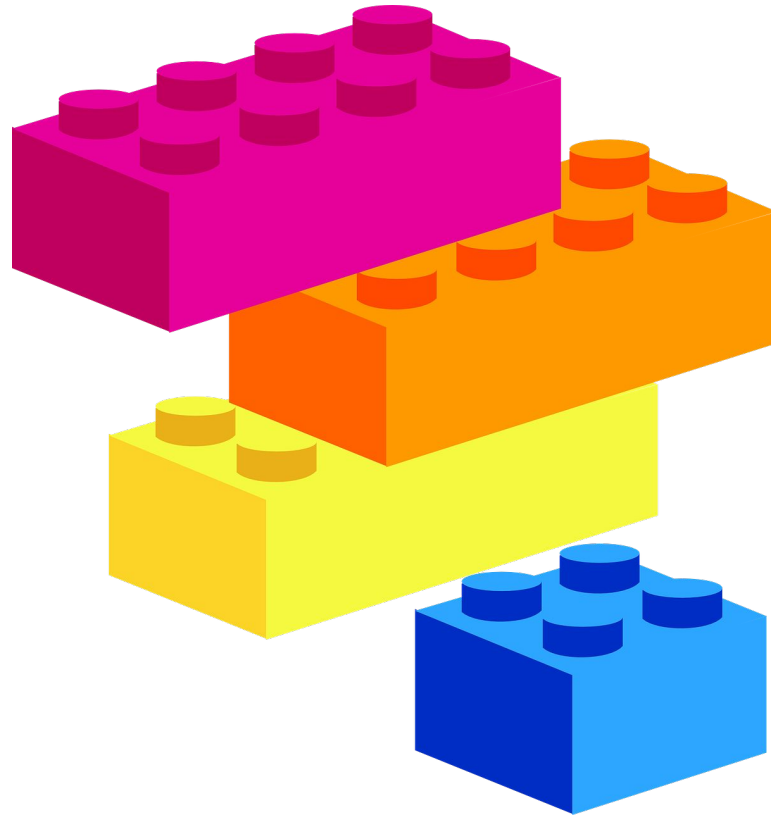
When inappropriate behaviors are observed, staff utilizes such opportunities to correct and teach alternative or desired behaviors reactively through the use of instructional responses (verbal redirection/prompting, verbal calming and encouragement of the Shield of Resilience). Students never “lose” or have their mustang money or tokens “taken away.”

# Shield of Resilience

The Shield of Resilience is designed to be utilized by all Woodward Children's Center staff to increase student understanding of behavioral expectations. Support for the use of this tool is based on research that indicates the more consistent staff expectations become, the fewer student behavioral issues occur. Staff and students were involved in creating and implementing the Shield of Resilience.



# Parts of SWPBIS





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**One Color Token Sheets:** All token sheets are one color

**Streaks instead of Levels:** Students “earn” 5 tokens for each of the 9 periods of the day for a maximum of 45 tokens daily. Students who earn at least 42 tokens a day will increase their Streak (consecutive days of earning). Students who achieve Streak 3 will be eligible for in-building incentives like special assemblies, special snacks, and Mustang Mart items. Students who achieve Streak 8 or higher will be eligible for out-of-building incentives such as going out to lunch, school trips, and participation in student government.

**Reflection Day:** When a Reflection Day is used, a student has the opportunity to earn their day even if it started off a little challenging. Reflection Days can be initiated by a parent, the student, or a clinical team member. They allow a qualitative view of a student’s day where instead of earning checks, classroom staff will evaluate a student’s behaviors using a narrative form. Clinical team members will check in with the student each period to support them in using their coping strategies.

## Parts of SWPBIS

**Classroom Test Days:** Tests are given on days based on the subject (i.e. Spanish- test days are on Mondays), to reduce the amount of tests given on one day and the possible stress involved when taking a test.

**Pop-Up Days:** Surprise incentives with a varying earning criteria.

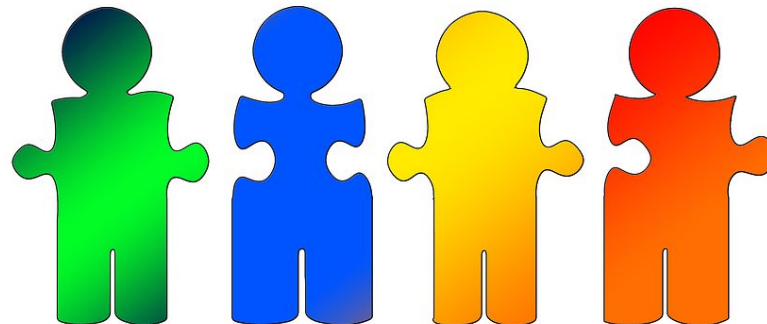
**Double Days:** Surprise incentive in which students have the opportunity to earn an additional day towards their streak or bank.

**Checkpoint Rewards:** Students can bank their earned days and receive a “Checkpoint Coupon” for a certain number of earned days (20 days, 45 days, 75 days, etc.) which can be cashed in for a designated reward.

**Self Advocacy Form:** Students are encouraged to complete a self advocacy form to demonstrate self awareness and accept responsibility. This form along with Mustang Money can help students maintain streak. Self Advocacy is also used to allow students to respectfully voice a concern for any topic of choice.

# MONTHLY TEAM BUILDING

**Social Skills:** Monthly Team Building is a social skills curriculum taught daily for 15 minutes. Topics change monthly and include: goal setting and attainment, self-awareness, coping with emotions, using self-control, communication skills, forgiveness, accepting responsibility, responding to teasing, and book club. . If you have an idea, please share.



# STUDENT RECOGNITION SYSTEM

**Mustang Dollars:** These acknowledgements are given to students on-the-spot to reward behaviors that meet the Shield of Resilience expectations. Students collect mustang money and save them toward a goal. Mustang Rewards include homework pass, haircut, time on an electronic device, a hate for the day, music lessons, etc. Students are surveyed 2 times per year to ensure the rewards remain an incentive.

10	Homework Pass
10	Printing/Laminating
10	Special snack
10	1 Bonus Point
15	An extra item from the Mustang Market
20	2 Bonus Points + Advocacy Form
20	Nails painted
20	Music lesson
20	\$1.00 towards a book of your choice
25	Haircut/Hairstyle
25	\$1.00 to McDonalds (limit of \$3.00)
25	\$1.00 towards approved school purchases
30	20 minutes on the iPad or Kindle
60	Wear a hat for the day
60	Monthly Special Lunch
<b>160 per class</b>	<b>Class Pizza Party</b>
<b>TBD</b>	<b>Club Pass</b>

# PARENT INVOLVEMENT

In order for PBIS to be successful at Woodward Children's Center, we need your help! Below is a list of suggestions of how you can help support PBIS.

Remind your child of expectations on the Shield of Resilience on a daily basis.

**(Empathy, Engagement, Citizenship, Self-Awareness, Personal Goal)**

Use the same language that is being used at school with your child.

Ask your student if they received Mustang Dollars each week and find out if they can tell you why. Reinforce the positive behaviors that they are showing at school.

If you are contacted because your child has not followed the common standards, please review the Shield at home with your child.

Working together as a community we will help our students continue to be successful at Woodward Children's Center!

# **FEEDBACK MATTERS**

Your feedback matters at Woodward Children's Center!

Please take the time to let us know how we can improve. You can also share concerns, voice your opinions, and offer your ideas. We also love to hear successes and positive praise. Below are ways you can contact the Woodward Children's Center PBIS Team:

- Attend our monthly PBIS Team meetings
- Join our PBIS Team and help us make a positive difference at Woodward Children's Center.

*Please contact:*

*Danielle Barry*

[dcuillo@woodwardchildren.org](mailto:dcuillo@woodwardchildren.org)

516-379-0900 ext. 221

# Thank You!

- We need and want your support to help make Positive Behavior Interventions and Supports a success at Woodward Children's Center. Thanks in advance for your time and efforts!

